

## ABSTRACT OF THE DISCLOSURE

There is provided a female physical condition management apparatus which facilitates a user planning activities, comprising physical condition data acquiring means, appearance time estimation means, estimation accuracy determination means, and display means, wherein the physical condition data acquiring means acquires data about physical conditions of a female which appear in a monthly cycle, the appearance time estimation means estimates the oncoming times of appearance of the physical conditions appearing in a monthly cycle of the female based on the acquired data about the physical conditions, the estimation accuracy determination means determines the accuracy of the estimations made by the appearance period estimation means, and the display means displays data about the estimated times of appearance and data about the determined estimation accuracy. Thus, the female physical condition management apparatus allows the female user to know how reliable the estimation is and facilitates the user planning activities in the future.